

INSTITUTE OF CULTURAL AFFAIRS (ICA) NEPAL'S

ANNUAL REPORT 2020



INSTITUTE OF CULTURAL AFFAIRS
(ICA) NEAPL

BACKGROUND

Institute of Cultural Affairs (ICA) Nepal

Dedicated to human capacity building, **Institute of Cultural Affairs (ICA) Nepal** is an autonomous, non-governmental organization working since last 22 years in Nepal. ICA Nepal believes in sustainable participatory development. ICA Nepal follows ideology of lifelong learning. It crosses sectors, cultures, and promotes learning beyond traditional format and structures.

We believe in developing creativity, initiative and responsiveness in people thereby enabling them to adapt uncertain changes, and sub-cultures and negotiate conflicts

Looking back to 2020, for many of us, it was a year of uncertainty, no mobility or less mobility, lockdown, stress and anxiety. But ICA Nepal sees it as an opportunity, an opportunity of new paradigms, insights, perspectives, innovation and creativity.

In the first half of 2020, in Nepal there were comparatively fewer patients showing the symptoms of Coronavirus. Unfortunately, the rate of people catching the virus spiked exponentially during the second half. We must appreciate the Government's effort in containing the virus and providing the health care support to its people. The Discovery of vaccines from various international agencies is giving us a ray of hope.

In between the upheavals of 2020, ICA Nepal continued to serve the community. We strictly adhered to WHO's health and safety protocols, such as maintaining social distancing, wearing masks, and doing PCR tests whenever needed. Luckily, our institution and the community we work with have remained safe from the virus. Towards the end of the year, we, the team of ICA Nepal, are honoured for this opportunity to continue our community development activities, with the full support of local government bodies.

We would like to appreciate the frontline doctors, health professionals and volunteers who are always ahead of serving the need one during this chaotic period. ICA Nepal team is looking forward to the year 2021 with creating impacts in hundreds of lives through its program, facilitation and initiation.

COVID-19 RESPONSE

ICA Nepal is fully committed to following up Nepal Health & Population Ministry and WHO instructions in containing the virus. ICA Nepal distributed masks, sanitiser, soap, hand wash to several schools and communities.



MENSTRUAL HEALTH & HYGIENE MANAGEMENT

Menstrual Hygiene Management Awareness Raising Program is a regular program of ICA Nepal. In the year, 2020-21 ICA Nepal received financial support from Seikyo Coop through ICA Japan. We reached more than 800 adolescents girls, boys and reproductive women through menstrual hygiene management workshops in the year 2020. We invited boys, and male parents and school teachers in our dialogue on issues of untouchability, prejudices, and taboos associated with the practice of "Chhaupadi". So far we have reached more than 5000 girls and boys through this program.



LETS TALK PERIODS- MAKING NAPKINS AVAILABLE LOCALLY

In the year 2020, ICA Nepal also initiated cloth sanitary napkin making program. Ten rural women from Chautara Sangachowkgadi Sindhupalchowk was trained on making cloth reusable sanitary napkin.

A women group is formed. ICA Nepal provided seed money of Rs. 150,000 to women group. The group is currently producing sanitary napkin, conducting training to other women from a neighbouring village, and looking for orders from school in making school uniforms, masks, and other cloth items.



BUILDING HUMAN CAPACITY- COMMUNITY DEVELOPMENT ACTIVITIES

ICA Nepal collaborated with Institute of Cultural Affairs (ICA) Japan, Lantern Projects, Rotary CLubs, Seikyo Coop Japan through ICA Japan in the year 2020 and implemented several community development projects in rural areas of Nepal.

Vocational Skill Development

Twenty-one youths aged (18 to 45) attended on Junior Level Plumbing Training Course prescribed by Council of Technical Education and Vocational Training (CTEVT), an authorized body of Nepal Government for technical skills and vocations education. The duration of the training was 60 days (390 hours). The participants were fully supported in accommodation, food and training materials.

Similarly, 10 women were provided with advanced level professional sewing and tailoring training.

The training was financially supported by the Ministry of Foreign Affairs (MOFA) Japan through ICA Japan and the Embassy of Japan.

The participants will take the skill test examination from National Skill Testing Board.

ICA Japan has also supported ICA Nepal in empowering local women in Changunarayan.



The training activities are the part of the project “Construction of life infrastructure and technical skill training for livelihood improvement of residents destroyed by the earthquake in Sindhupalchowk, Nepal”. The project is the continuation of the previous project “Improving the poverty situation of the Earthquake Disaster Survival of Sindhupalchowk District” with ICA Japan.

Building Irrigation Facilities

As a part of the community development project, last year, ICA Nepal also initiated building irrigation facilities in ward no. 13 Thulosirubari Chautara Sangachowkgadi Sindhupalchowk. The irrigation facilities will serve 180 households and help farmers to do commercial vegetable farming for improving their economic status.



BUILDING HUMAN CAPACITY- TECHNOLOGY OF PARTICIPATION

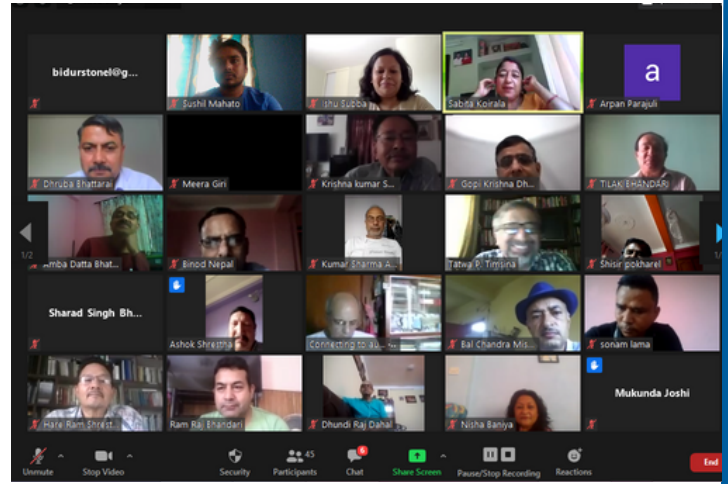
Considering the challenges of COVID-19, ICA Nepal conducted several training and facilitation courses online and physical at the end of 2020.

- Virtual Group Facilitation Method (GFM) facilitated by Lawrence Philbrook and Evelyn Philbrook, Taiwan
- Social Artistry Leadership Teaching and Learning Community Online sessions. In every 15 days, each Friday morning is dedicated to social artistry leadership teaching and learning session. The sessions were attended by more than 300 Social Artistry Leaders across the globe including Janet Sanders, Evelyn Philbrook.
- Three days Participatory Community Meeting for Rehabilitation attended by 25 community leaders. The training was facilitated by Tatwa P. Timsina.
- Conducted Teachers' Training, Waste Management, Financial Management, MHM and Personal Hygiene training courses at Gorkha district.



BUILDING A MODEL VILLAGE FOR DWARFS: SUPPORTING LITTLE PEOPLE (DWARF)





SUPPORT TO PROGRESSIVE WOMEN SOCIETY



In the beginning of the year, ICA Nepal supported weighing machine capacity of 150 kg to Progressive Women Society (PWS). The Progressive Women Society has started vegetable collection point at the Women and Children Learning Centre at Changunarayan, Bhaktapur. Progressive Women Society is a local NGO started by local women group initiated by ICA Nepal 20 years back. The PWS is currently working on income generation activities for women such as producing disposable sanitary napkin, organic vegetable farming saving and credit, tailoring and lapsi candy making.

I-CAN : PROMOTING SOCIAL INNOVATION AND TECHNOLOGY



ICA Nepal formally launched Institute of Innovation and Quality Assurance (IIQA) an organization working for promoting innovation and technology across the country. IIQA also works for ISO quality accreditation and certification. ICA Nepal in coordination with Nepal Youth Council (NYC) carried out Orientation on Science, Technology and Innovation for 30 youth of Sindhupalchowk district. Youths attended practical training session on making cloth sanitary napkins, water filter and vermiform composting. We have also initiated Mini Cold Chambers (Cold Storage) for store vegetables benefitting marginalized farmers, sanitary napkin production unit and mini dairy at Sindhupalchowk.



SCHOOL DEVELOPMENT SUPPORT PROGRAM



- Supported school uniforms to 55 students of Bal Hit Primary School, Sindhupalchowk
- Supported Shree Saraswati Primary School, Gorkha for fixing electricity in the schools
- Supported school furniture, stationaries and play items to Shree Saraswati Primary School in coordination with Rotary Club of Rudramati and Rotary Clubs of Taiwan
- Conducted recreational and educational activities for children at Community Training Centre Sindhupalchowk during lockdown
- Donated books to Sarbodaya Old Age Home Paudi Lamjung
- Supported Gorkha Campus, Sports Club from Parbat, schools from Baglung



NGO SUPPORT PROGRAM

Donation Rs. 50,000 to Sarbodaya Old Age Home, Lamjung

CELEBRATION OF INTERNATIONAL YOUTH DAY

Institute of Cultural Affairs (ICA) Nepal hosted a series of week-long events to mark the occasion of International Youth Day 2020 from 6 August 2020 to 12 August 2020, on self-funding.

The emphasis of the event was international day theme "Youth engagement for global action" More than 120 participated enthusiastically participated in the the event and made it successful.

Activities carried out Tree Plantation, Bad Minton Competition, Essay Writing Competition, COVID-19 Response Workshop, Youth Facilitative Orientation, Youth Day Rally were conducted.

ICA stands with the ideologies of National Youth Council, CIVICUS: World Alliance for Citizen Participation and Rotary such as youths are the agents of change civil societies can and should create lasting impacts, should empower and inspire people, and promote social solidarity, and supports with its own philosophy of technology of participation and sustainability.



NEW INITIATIVES LAUNCHED -2020

ICA Nepal believes exploring inherent capacities of groups, individuals and organizations. In this journey of exploration and thrive to sustainability, in the year 2019-2020, ICA Nepal launched innovative initiatives collaborating with local communities.

Institute of Innovation and Quality Assurance (IIQA)



Institute of Innovation and Quality Assurance is launched at the early of 2020 with an objective to provide consultancy services in quality assurance and ISO certification. IIQA also works for promoting innovative projects led by local community and youths across the country.



Triple I - ICA Integrated Innovative Initiative

ICA established a farmers group at Chautara Sangachowkgadi Municipality and carried out a momentum for innovative programs in the area. It is currently working on to establish Mini Dairy with the capacity 1000 Chilling Vat, establishing low cost sanitary napkin production unit, fully solar powered cold storage with 15 MT capacity. The objective of this initiative is to create entrepreneurship opportunities at the local area using locally available resources.



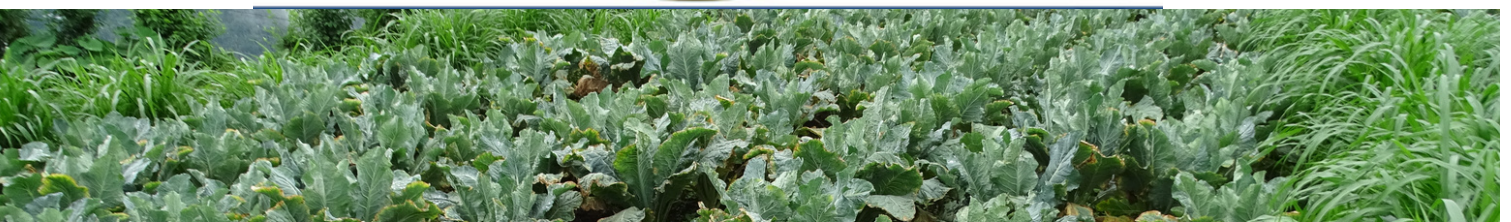
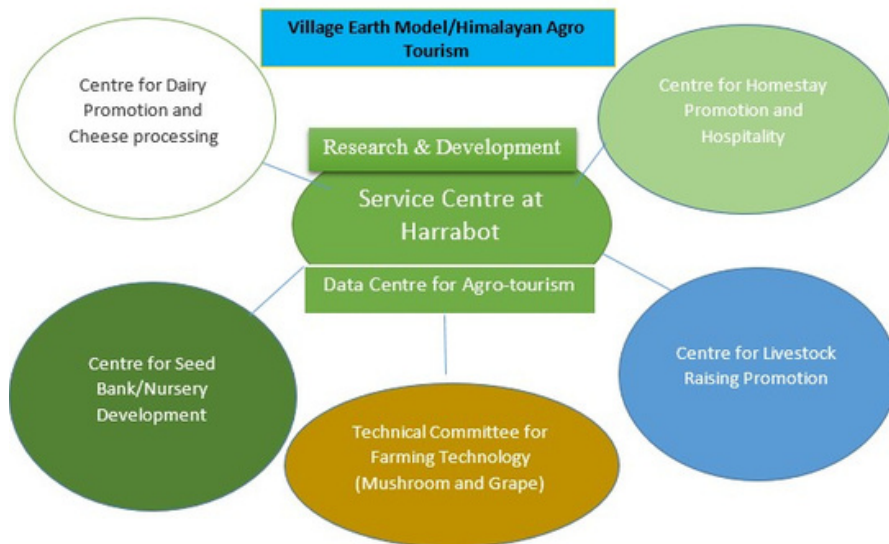
PROMOTING AGRO TOURISM - HIMALAYAN AGRO TOURISM IN LAMJUNG



ICA Nepal is working with Himalayan Agro Tourism Company in the promotion of agro-tourism in Nepal. The team includes highly dedicated and professional individuals in the field of tourism and agriculture. ICA Nepal is working as a local cooperating partner with Himalayan Agro Tourism Company and has adopted the following approach:

- Facilitate the community
- Develop Strategic Plan
- Form a Task Force
- Implement a Project

The major objective of collaboration is to establish an Integrated Organic Model Agriculture Farm in Lamjung district which is located in Gandaki Province of Nepal. The project is focused to provide income-generating opportunities for the farming communities of the region. Organic farm of Lamjung demonstrates locally produced organic fruits and vegetables, rare bee-products, original Nepali famous local chickens and their products etc. This centre provides grafts and seedling of high value fruits that are in high demand in the country.



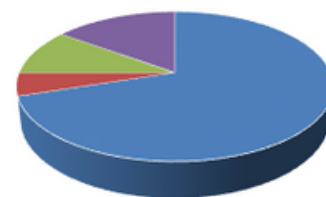
FINANCIAL ASPECT OF ICA NEPAL

Major Source of Income of ICA Nepal 2019-2020



- Donor Support Pogram
- Training and Facilitation
- Individual Donations
- Books & Manual Selling

Expenses of ICA Nepal 2019-2020



- Community Development Project
- Training, Facilitation and Awareness Raising
- Fund Raising
- General & Management

YEAR 2020 IN PHOTOS





ICA Nepal has full fledged community centres in Changunarayan Municipality, Bhaktapur and Chautara Sangachowkgadi Municipality, Sindhupalchowk. We also have a training facilities/venue in Kathmandu office.

Publications



ICA Nepal's training and facilitation manuals are designed to help facilitators, individuals, private organizations, NGOs, GOs and local organizations for effective implementation of their activities. Contact for more details.



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